



Bradley Carr, wife Lecia, Liz Marks (who trained Ashley) and Ashley Carr

Trio take on marathon run for charity

A HUSBAND and wife team who made it over the finishing line at the Brighton marathon are now gearing up to take on the Great North run.

Lecia Carr, 40, who owns Henfield's Taste-Deli, took on the challenge along with husband Bradley, 43, and brother-in-law Ashley, 41, from Woodmancote, (all pictured) after months of training.

And she made it over the line in five hours and 11 minutes, while Bradley made four hours and 47 minutes and Ashley, who was celebrating his birthday, managed a celebratory four hours and 57 minutes.

Lecia said: "It was a tremendous experience and the crowds and atmosphere was amazing.

"With such support you couldn't fail to be encouraged." "We will all do it again - but first we have to do the Great North Run in September, which is a half marathon and not quite so daunting." The trio raised over £3000 for Winston's Wish - a charity for bereaved children - and St Peter and St James Hospice in Burgess Hill.

Local News



Gayle Williams, Lesley Bailey from the Warren Playgroup, Terry Bourne and Alex Cole

Henfield Charity Marathon Runners

Brave Henfield runners took up the challenge, completing the inaugural Brighton Marathon on April 18th, many for charitable causes.

Runners Gayle Williams, Terry Bourne, Alex Cole, Anthony Benvenuto and Aiden Roworth ran in aid of The Warren Playgroup, raising over £700. Warren playgroup manager Lesley Bailey said, "On behalf of the Warren Playgroup we would like to say a massive thank you to those who ran for us. In the current climate it's hard to fundraise, so this is even more of a fantastic achievement. To run a marathon is no easy task and takes months of training so we really appreciate their hard work."



Bradley and Lecia Carr, Liz Marks and Ashley Carr.
Photograph courtesy of Mike Beardall

Taste...deli owner Lecia Carr, her husband Bradley and his brother Ashley all completed the marathon in good time and are gearing up for the Great North Run.

Lecia said, "I hit the famous 'wall' at 23 miles but picked myself up and carried on. It was a tremendous experience and the atmosphere was amazing."

Ashley, who featured with local personal trainer Liz Marks during his training regime in the March edition of BN5 ran for two charities. Winston's Wish, the children's bereavement charity based in Pulborough, and St. Peter and St. James Hospice in Burgess Hill have benefited from more than £3,000 raised by Ashley.

Anthony Benvenuto

