



The Gym membership structure



<u>Membership Type</u>	<u>Gold</u> Unlimited gym and fitness classes	<u>Silver</u> Unlimited gym at any time	<u>Bronze</u> Unlimited gym only during off peak times	or	<u>Pay as you go</u>
Membership joining fee	£40 or £20	£40 or £20	£40 or £20		<u>Peak session (after 5.00pm) – £4.50</u> <u>Off peak session (days and weekends) - £4.00</u>
Single Annual joining fee	£450.00	£350.00	£300.00		<div style="border: 1px solid black; padding: 10px;"> <p>Please ensure before entering the gym that you have completed a gym induction with a qualified member of staff. You also need to fill out a medical questionnaire form which can be found at reception.</p> </div>
Single Monthly joining fee	£45.00	£35.00	£30.00		
Couple Annual joining fee	£600.00	£500.00	£450.00		
Couple Monthly joining fee	£60.00	£50.00	£45.00		

Gym Inductions

Induction - £20

Refresher induction
- £12.50

Joining fees

£40 – Adults

£20 – Seniors (OAP), Students,
Junior, (under18), holders/income
support recipients.

G.P. Referrals

GP initial assessment-
£12

Individual GP session-
£3.00

Please note that there are no refunds on all memberships.