

Posn	No.	Name	Time	Club	Sex	Class
1	59	Charlton Rudwick	1.25:43	Arena 80	M	S
2	7	Paul Church	1.26:12	Arena 80	M	S
3	163	Darrell Stone.	1.26:25	Steyning AC	M	S
4	224	Mark Greet.	1.26:38	Horsham Joggers	M	S
5	225	Will Forres.	1.27:38	Serpentine	M	S
6	92	Wayne Mortiboys	1.28:30	Worthing Harriers	M	S
7	114	Gary Bnerinofia.	1.28:45	Tuff Fity	M	S
8	212	Kier Saunders.	1.29:04	Unattached	M	S
9	133	Simon Donaghy.	1.29:23	Herne Hill Harriers	M	S
10	129	Stuart Scott.	1.29:33	Beckenham	M	S
11	83	Simon James	1.29:46	Steyning AC	M	S
12	12	Laurence Tondelier	1.29:54	Unattached	M	S
13	158	ristian Morgan.	1.30:29	Dulwich Runners AC	M	S
14	121	Alistair Thorpe.	1.30:47	Beckenham	M	S
15	137	Stephen Fryer.	1.31:07	Worthing Striders	M	S
16	127	Richard Newey.	1.31:46	Unattached	M	S
17	154	Steven Barber.	1.32:00	Sutton Runners	M	S
18	80	Grant Patterson	1.32:02	Worthing Harriers	M	S
19	205	Ben Milford.	1.32:19	Steyning AC	M	S
20	176	Chris Mallinson.	1.32:35	B & H City Athletic Club	M	S
21	46	Andy Stadden	1.33:35	A Runners	M	S
22	16	Richard Sutor	1.33:43	Haywards Heath Harriers	M	S
23	218	Graeme Mackay.	1.33:47	Dorking and Mole Valley	M	S
24	20	Ann Sinnett	1.34:17	Haywards Heath Harriers	F	S
25	172	Mark Derry.	1.34:46	London Heathside	M	S
26	223	Mr Bishop.	1.34:59	Steyning AC	M	S
27	3	Neil Isom	1.35:12	Unattached	M	S
28	175	Nathalie Guerin.	1.35:36	Unattached	F	S
29	149	Keith Valentine.	1.35:46	Horsham Joggers	M	S
30	130	Bill Walsh.	1.35:51	Colingwood Athletic	M	S
31	179	Ed Warner.	1.36:09	Fittleworth Flyers	M	S
32	183	Jo Hesketh.	1.36:57	Steyning AC	F	S
33	210	Richard Penning.	1.37:01	Unattached	M	S
34	66	Christopher Marshall	1.37:04	Unattached	M	S
35	119	Ben Calaxiang.	1.37:13	Beckenham	M	S
36	30	Richard Haynes	1.37:21	Haywards Heath Harriers	M	S
37	164	Peter Seth.	1.37:37	Worthing Harriers	M	S
38	120	Melanie Burdett.	1.37:58	Beckenham	F	S
39	160	Tim McIntyre.	1.39:10	Sutton Runners	M	S
40	135	David Burfoot.	1.39:18	Wadhurst Runners	M	S
41	230	Mark Armitage.	1.39:32	Haywards Heath Harriers	M	S
42	162	Dean Farnham.	1.39:35	Sutton Runners	M	S
43	141	Lee Gulliver.	1.39:35	Worthing & District Harriers	M	S
44	191	Sam Harris.	1.39:50	Unattached	F	S
45	93	Deborah Cawdrey	1.40:04	Worthing Harriers	F	S
46	202	Adrian Burt.	1.40:20	Unattached	M	S
47	219	Rebecca Black.	1.40:30	Dorking and Mole Valley	F	S
48	174	Eckhardt Kuhn.	1.40:43	Medway & Maidstone	M	S
49	99	Anika Jones	1.41:02	Beckenham	F	S
50	234	Lee Oxley	1.41:30	Steyning AC	M	S
51	82	Peter Burfoot	1.41:32	Wadhurst Runners	M	S
52	201	Oliver Parsons.	1.41:37	Unattached	M	S
53	123	Jon Secrett.	1.41:37	Unattached	M	S
54	102	Adrian Scott	1.41:39	Steyning AC	M	S
55	221	James Payne.	1.41:52	Unattached	M	S
56	182	Tim Stevens.	1.41:54	Unattached	M	S
57	199	David Emery.	1.43:31	Unattached	M	S
58	184	Paul Byrne.	1.43:40	Reigate Priory AC	M	S
59	5	Martin Gould	1.43:42	Elmbridge RRC	M	S
60	79	Gill Lister	1.43:53	Worthing Harriers	F	S
61	142	Joseph Brady.	1.44:23	Dulwich Runners AC	M	S
62	148	Kevin Stone.	1.44:30	Unattached	M	S
63	214	Rod Baker.	1.44:49	Worthing Striders	M	S
64	94	Matthew King	1.45:07	Unattached	M	S
65	81	Stephen Perry	1.45:11	Unattached	M	S
66	126	Gill Banks.	1.45:16	Unattached	F	S
67	71	Louise O'Sullivan	1.45:26	Unattached	F	S
68	103	Emily Dale	1.45:39	Unattached	F	S
69	203	Dan Shephard.	1.45:59	Steyning AC	M	S

70	159	Tony Moorhouse.	1.46:38	Sutton Runners	M	S
71	169	Rick Clarke.	1.46:46	Arena 80	M	S
72	143	Tiarnan O'Leirigh.	1.46:55	Dulwich Runners AC	M	S
73	31	Matthew Shurville	1.47:05	Unattached	M	S
74	156	Lauren Jones.	1.47:49	Sutton Runners	F	S
75	63	Louise Toomey	1.48:06	Haywards Heath Harriers	F	S
76	32	Daren Eagle	1.48:15	Unattached	M	S
77	136	Jason Bovington.	1.48:35	Unattached	M	S
78	171	Kate Marchant.	1.48:36	Beckenham	F	S
79	139	John Fenwick.	1.48:41	Blackheath and Bromley	M	S
80	116	David Moore.	1.49:07	Maidstone Harriers	M	S
81	40	Christoher Willmott	1.49:23	Lancing Eagles	M	S
82	220	Ralph Bernascone.	1.49:26	Henfield Joggers	M	S
83	165	Robert Fern.	1.49:56	Unattached	M	S
84	131	Rod Chinn.	1.50:20	Lingfield	M	S
85	132	Carol Woodward.	1.50:51	Lingfield	F	S
86	61	Stewart Mackman	1.51:00	Horsham Blue Stars	M	S
87	111	Robert Murdoch.	1.51:09	Farnham Runners	M	S
88	166	Avi Shiredkar.	1.51:27	Sutton Runners	M	S
89	226	David Taylor.	1.51:31	Reigate Priory AC	M	S
90	138	Glen Read.	1.51:31	Blackheath and Bromley	M	S
91	96	Ian Bayley	1.51:43	Tone Zone Runners	M	S
92	104	Gary Chappell	1.52:02	Unattached	M	S
93	62	Andrew Stewart	1.52:15	Unattached	M	S
94	58	Glen Robertson	1.53:47	Unattached	M	S
95	227	Tina Macenhill.	1.54:19	Croydon Striders	F	S
96	180	Kieran Murphy.	1.54:25	Reigate Priory AC	M	S
97	178	Robert Gould.	1.54:29	Unattached	M	S
98	36	Jamie Knox	1.55:09	Unattached	M	S
99	209	Harry Walker.	1.55:39	Unattached	M	S
100	208	Mark Sykes.	1.55:59	Haywards Heath Harriers	M	S
101	112	Richard Campbell.	1.56:18	Unattached	M	S
102	173	Carla Smith.	1.56:24	Unattached	F	S
103	87	William Mackrell	1.56:27	Saints and Sinners	M	S
104	50	Dan King	1.56:30	Unattached	M	S
105	115	Paul Channing.	1.56:32	Portsmouth Joggers	M	S
106	229	Nolan Reeve.	1.56:34	Unattached	M	S
107	211	Timothy Rice.	1.56:36	Unattached	M	S
108	170	Julian Crowley.	1.56:49	Unattached	M	S
109	113	Pete Richards.	1.56:51	Unattached	M	S
110	181	Steve Murphy.	1.57:02	Reigate Priory AC	M	S
111	109	Scott Dodds.	1.57:17	Unattached	M	S
112	235	James Gasson.	1.57:20	Unattached	M	S
113	206	Clare Stoneley.	1.57:40	Unattached	F	S
114	118	Ron Light.	1.57:55	Unattached	M	S
115	216	Katy Bethell.	1.58:02	Unattached	F	S
116	117	Michael Light.	1.58:27	Unattached	M	S
117	25	Robin Williams	1.58:44	Saints and Sinners	M	S
118	153	Zoe Tellow.	1.58:44	Horsham Joggers	F	S
119	86	Mare Coyle	1.59:19	Unattached	F	S
120	228	Steven Horn.	1.59:27	Haywards Heath Harriers	M	S
121	108	Ilida Campbell	1.59:36	Henfield Joggers	F	S
122	10	Diane Edmonds-Jarman	1.59:59	Burgess Hill Runners	F	S
123	17	Irene Leitner	2.00:28	Reigate Priory AC	F	S
124	29	Stephen Stoffell	2.01:38	Unattached	M	S
125	35	John Trory	2.02:10	Road Runners Club	M	S
126	15	Nick Crocker	2.02:22	Veterans AC	M	S
127	22	Martin Melaugh	2.02:48	Horsham Joggers	M	S
128	187	Sash Holomes-Siedle.	2.02:54	Unattached	M	S
129	24	Nina Williams	2.03:06	Saints and Sinners	F	S
130	207	Ben Walker.	2.03:44	Unattached	M	S
131	213	Nicola Milton.	2.03:53	Unattached	F	S
132	215	Clare Higginbottom.	2.03:53	Unattached	F	S
133	97	Holly Freeman	2.03:59	B & H Womens RC	F	S
134	78	Dave Mitchell	2.04:01	Epsom and Ewell Harriers	M	S
135	185	Howard Hughes.	2.04:23	Unattached	M	S
136	110	Russ Little.	2.04:26	Unattached	M	S
137	150	Ellen Cotton.	2.05:30	Unattached	F	S
138	18	Lesley Tugwell	2.05:32	Worthing Harriers	F	S
139	33	Joanna Packham	2.05:36	Unattached	F	S
140	26	Peter Chittenden	2.06:00	Tone Zone Runners	M	S
141	43	Ruth Cottam	2.06:06	Colingwood Athletic	F	S
142	134	Nicola Stevenson.	2.06:06	Colingwood Athletic	F	S

143	190	Nicola Howard.	2.06:43	Beckenham	F	S
144	68	Annette Helliwell	2.06:58	Colingwood Athletic	F	S
145	233	Gavin Wye.	2.07:35	Unattached	M	S
146	70	Patrick Taylor	2.07:40	Unattached	M	S
147	198	Rachel O'Brien.	2.07:41	Southwick Strollers	F	S
148	98	Scott Chinchin	2.07:56	Unattached	M	S
149	90	Paul Squance	2.08:57	Unattached	M	S
150	73	Laura Raeburn	2.09:02	Worthing Harriers	F	S
151	231	Steve Lester.	2.09:40	Henfield Joggers	M	S
152	204	Taline Haytayan.	2.09:56	Unattached	F	S
153	39	Mark Clawson	2.10:05	Fittleworth Flyers	M	S
154	122	Leonard Apps.	2.10:11	Unattached	M	S
155	128	Ed Clements.	2.10:21	Reigate Priory AC	M	S
156	192	Seb Bloxsome.	2.11:37	Unattached	M	S
157	197	Meriel Davis.	2.11:40	Unattached	F	S
158	152	Duncan Liingstone.	2.12:22	Unattached	M	S
159	155	David Peel.	2.12:42	Haywards Heath Harriers	M	S
160	42	Jayne White	2.13:49	Burgess Hill Runners	F	S
161	56	Janet Sanders	2.13:52	Burgess Hill Runners	F	S
162	21	Andrew Bennett	2.14:20	Unattached	M	S
163	100	Anthony Band	2.14:59	Unattached	M	S
164	4	Wayne Davis	2.15:10	Unattached	M	S
165	200	Carolyn Eva.	2.16:15	Worthing Harriers	F	S
166	124	Moray Tiach.	2.17:04	Unattached	M	S
167	194	Shawn Mahabir.	2.17:27	Unattached	M	S
168	106	Karen Coleman	2.17:32	Unattached	F	S
169	57	Stephen Lawson	2.18:00	Havering 90 Joggers	M	S
170	107	Michelle	2.18:27	Unattached	F	S
171	54	Wendy Whelan	2.18:43	A Runners	F	S
172	193	James Togut.	2.19:41	Unattached	M	S
173	38	Joanne Colchester	2.19:44	Unattached	F	S
174	55	Charlotte Meierdirk	2.19:54	Unattached	F	S
175	95	Jon Sadler	2.19:54	Unattached	M	S
176	217	Kamau Crawford.	2.21:05	Mornington Chasers	M	S
177	125	Simon Pitney.	2.21:07	Roman Gladiators	M	S
178	34	Rachel Connaughton	2.22:06	Unattached	F	S
179	140	Jim Ward.	2.22:28	Unattached	M	S
180	45	Julia Revill	2.22:39	Denhead Striders	F	S
181	91	David Chandler	2.22:55	Unattached	M	S
182	8	Andrew Rogers	2.23:06	Lancing Eagles	M	S
183	60	Peter Rudwick	2.23:19	Unattached	M	S
184	64	Katharine Clark	2.24:53	Unattached	F	S
185	74	Lyndsey Browne	2.25:40	Heathrow Harriers	F	S
186	75	Jim Hill	2.25:40	Unattached	M	S
187	144	Wendi Witton.	2.25:45	UK Net Runner	F	S
188	195	Brigitte Groves.	2.25:45	B & H Womens RC	F	S
189	76	Tania Carter	2.26:44	A Runners	F	S
190	47	Bill Chaffe	2.26:49	Unattached	M	S
191	19	Martyn Greaves	2.27:35	Fittleworth Flyers	M	S
192	151	Lisa Hewitt.	2.28:23	Unattached	F	S
193	161	Richard Gray.	2.29:45	Unattached	M	S
194	147	Michele Saunders.	2.30:58	B & H Womens RC	F	S
195	188	Anisa Asghar.	2.36:09	Croydon Striders	F	S
196	48	Jon Chaffe	2.37:08	Unattached	M	S
197	49	Sandra Burgess	2.38:11	A Runners	F	S
198	189	Colin Horn.	2.40:45	Lingfield	M	S
199	222	Val Robinson.	2.43:14	Burgess Hill Runners	F	S
200	167	Wendy Shaw.	2.45:16	Unattached	M	S
201	168	Zoe Dale.	2.45:16	Unattached	M	S
202	196	Christopher Lees.	2.45:27	Unattached	M	S
203	145	Sylvia Jennings.	2.49:09	Bexley AC	F	S
204	146	Eileen Noble.	2.49:38	Bexley AC	F	S
205	69	Christopher Rhodes	2.55:16	A Runners	M	S
206	13	Fiona Mcdowell	2.57:08	Haywards Heath Harriers	F	S
207	157	Stephanie Morgan.	2.58:08	Dulwich Runners AC	F	S
208	105	Mary Toher	3.04:00	Middleton AC	F	S
209	23	Honor Eves	3.11:53	Lancing Eagles	F	S
210	9	Diana Rogers	3.15:19	Lancing Eagles	F	S